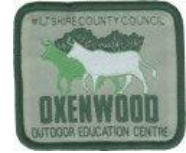




OXENWOOD OUTDOOR EDUCATION CENTRE



SUGGESTED KIT LIST

This is a suggested kit list for your visit to Oxenwood. Certain additional items may also be appropriate, depending on the chosen activities; length of stay and the time of year, e.g. Sun Creams, hat and shorts for summer. Gloves, hat and additional warm clothing for the winter.

- Strong boots or shoes/trainers for walking and outdoor use (new shoes should be broken in first)
- Wellington's (the centre has a limited number for loan)
- Indoor shoes/trainers or slippers
- Your own cycle helmet and/or gloves if you have them
- Trousers, 2 pairs at least
- T-Shirts
- Underwear and Socks
- Nightwear (pyjamas/nightdress)
- Warm jumpers/tops
- Warm coat/jacket/anorak
- Waterproof jacket/anorak (the centre has a limited number that may be borrowed)
- Small rucksack (the centre can provide these)
- Sleeping bag and pillowcase
- Towel
- Toiletries
- **Plastic** reusable drinks container/bottle
- Torch with batteries
- Packed lunch box



It is advisable that pupils keep one change of clothes dry and clean to wear inside the Centre and at least one change of clothes to wear outside whilst doing activities. (Note: Outdoor clothes can be dried over night in the Centres' drying room, ready to wear the following day).

Any medication needs to be discussed with the member of staff in charge of the group prior to the visit to Oxenwood. Full instructions for the administration of the medicine should be supplied to the group leader, who will take overall responsibility for its administration and safe keeping.

All items should be carefully labelled with the owner's name. It is suggested that anything of value, e.g. walkman, jewellery, or expensive cameras or watches, not be brought to Oxenwood. Cameras are the owners responsibility (don't forget the film).

A small "Trading Post" is available at the centre selling tuck and souvenirs, it is suggested that pocket money should be limited to £5 per person.